



Simpsonville Youth Football 2017



Welcome to Simpsonville Jr. Rams Football; if you are a returning member, thank you for participating with us again; if you are a new registrant welcome to our program we hope you enjoy and benefit from being part of our league.

Important Information - Please READ Carefully and Completely

Heads Up - We utilize the USA Football Heads Up training program
Our Coaches will all be required to go through the training associated with his exciting program and complete the USA Football coach's certification program.

What's Next

Youth Football

Birthdate Cutoff - Is Sept 1, 2017

- 8u** 7 and 8 year olds
- 10u** 9 and 10 year olds
- 12u** 11 and 12 year olds
- 6u Flag - 4, 5 and 6 year old**

Any player above the limits below has to wear a jersey # between 70-79

- SCAP max ball carrier weight - 120 lbs
- SCAP max ball carrier weight - 135 lbs
- SCAP max ball carrier weight - 150 lbs

Helmet and Shoulder Pad Fitting

Each player will be issued a helmet and set of shoulder pads to use during the season. Fitting of the helmet and pads is very important and must be done by an athletic staff member or coach/person approved and trained by a staff member.

The helmet should fit tight, it may be uncomfortable at first and difficult to put on and remove, but to protect the head as it should it must be.

Each team will be assigned a time and place to be fitted as a group, you will get this information from your coach - **between 7/31 and 8/4.**

Player Evaluations

Evaluations will be a session process for the coaches to evaluate each player's skill set so when they sit down to distribute teams they all have a reference with which to place players to fill out each roster.

FLAG 6U does not have an evaluation process

Any player who does not attend the evaluation will be placed on a team during the draft via blind, random draw without penalty.

Evaluation Schedule

Evaluations will happen at Heritage Park on the specified Baseball Field Outfield

Monday 7/10	8U	Last Names A-M	Heritage Park Field 6
Tuesday 7/11	8U	Last Names N-Z	Heritage Park Field 6
Monday 7/10	10U	Last Names A-M	Heritage Park Field 5
Tuesday 7/11	10U	Last Names N-Z	Heritage Park Field 5
Monday 7/10	12U	Last Names A-M	Heritage Park Field 4
Tuesday 7/11	12U	Last Names N-Z	Heritage Park Field 4

Teams

Are separated by coach's draft.

Draft - (Coaches Only) Will be the week of 7/11-7/14 TBA

Uniforms/Equipment

Provided

- 1 Game Jersey
- These will be issued to each coach prior to beginning of play.
- Use of Helmet and Shoulder pads (Not for 6U Flag)
- Supplemental Insurance Policy
- Mouth piece (Not for 6U Flag)

You will need to acquire

- Black football pants and the pads to go in them (Not for 6U Flag)
- A jersey or shirt for practice
- Rubber Cleats

Refund Policy

By registering your child you are reserving a spot in the program.

The leagues fees, uniform costs, insurance costs and many other expenses are based on the number of players registered initially - for this reason **NO REFUNDS** will be granted.

Facilities

City Park Game Field - off East Curtis St behind the Police Department

Heritage Park Baseball Outfields of HP3 and HP4

Away Game sites for Greer, Mauldin and Fountain Inn will be designated when Game schedules come out in August directions will be on our website.

Referees

Are recruited, scheduled and managed through the Athletic Office by

Athletic Staff at Heritage Park

Dates to Remember

Dick's Sporting Goods - Shop Day Simpsonville Jr Rams - July 30 - 12pm-4pm

Details will come later - but this is a day they offer our program with 15-20% total purchase discounts for our league members.

Practices - will begin the week of July 17. Expect 1-2 practices per week that could include any combination of

Monday, Tuesday, Wednesday, Thursday, Saturday, Sunday after 2pm

The First two weeks of Practice is a progressive acclimitization and teaching period NO FULL CONTACT

the scale for allowed equipment and contact during this period will be set and given to the coaches to follow.

You will be contacted by your coach by July 16 with the time and place of your first practice

Please provide an e-mail address please check it daily if possible, it is a great means of communication for us and your coach.

Games

Will begin in late August - most games will be played at City Park

Game nights could be Monday, Tuesday, Wednesday, or Thursday

Game Times will be 6:15pm and 7:30 with the younger age groups playing the early time slots first.

Expect 1 game per week (2 is possible if scheduling dictates) - could change if makeup games are scheduled due to weather.

Games consist of 4 - 8min quarters, running clock all but last 2min of each half - all points scored count

All Players must have a min of 8 snaps during each game - coaches are encouraged to exceed this number.

We do not schedule games or practices on Friday's and encourage all our participants to

attend the Hillcrest Football Games or the high school you will attend and support your local team.

Staff Information

Athletic Department

Chad Foster - Athletic Director e-mail - Cfoster@simpsonville.com Phone 228-0022 (Office hours M-F 12pm-5pm)

Chris Elledge - Athletic Coordinator - e-mail - Celledge@simpsonville.com Phone 228-0022 (Office hours M-F 12pm-5pm)

Ethan Crump - Athletic Coordinator - email - Ecrump@simpsonville.com Phone 228-0022 (Office hours M-F 12pm-5pm)

Heritage Park office hours vary with our event schedule - regular schedule is 12pm-5pm M-F - we close on some Wednesdays and Fridays depending.

Website

www.simpsonville.com/athletics

Check here frequently for handouts, schedules, standings and other information you may need.

You can also submit a question to staff from this page.

We have a Certified Athletic Trainer provided by Steadman Hawkins(at their preference and schedule) - at most events.

Trainer is available at most practices before the season starts and at most games when the season begins

This is a special program

(over)