

SIMPSONVILLE YOUTH VOLLEYBALL RULES

Mission Statement

The Mission of the Simpsonville Sports and Social Association is to serve the youth of the Simpsonville area by providing them with a Instructional/Recreation Volleyball Program that will further their knowledge of the sport, develop good sportsmanship and enhance self-esteem in a safe and fun environment.

General

- Volleyball is played by two teams of six players on the court.
- Teams may play with as few as **4 Girls** in order to avoid a forfeit.
- First team to 20 points wins. Rally scoring...team must win by 2 points. All 3 games will be played (**The third game played to 15**). **There is a scoring cap at 25 per game**. Team records will be kept by games won, not by matches won.
- All players must wear athletic shoes.
- Knee pads are strongly recommended.

Player and Coach Misconduct

- **Foul language will not be tolerated at any time.** Excessive use of foul language can/will resort in **ejection** from a game.
- An Ejection from a game will resort in a **1 Game** Suspension (Athletic Staff has the right to revise any suspensions upon the assessment of the situation). Excessive ejections from a game can result in a season long suspension.

Serving

- Player must be behind service line.
- A served ball may touch the net.
- The serve must be hit with the hand.
- The server may drop a bad toss without penalty **one time**.
- Once a serve starts a volley, a team has 3 hits to return the ball over the net. Play to the whistle.
- **After 2 consecutive points by a team on serve, there will be a side-out.**

Playing the Game

- A player cannot hit the ball twice in succession.
- A player may not touch the net.
- A ball that hits the line is good or in.
- Ball in net is playable.
- Player may not carry or lift ball.
- Flip a coin for service....1st and 3rd Games.
- Team **will** switch between games.
- One time-out per game.
- Each team in all age groups will supply a scorekeeper.

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- Each team will supply a line judge.
- Crossing the center line under the net is a side out.
- Play until the whistle blows. If the ball hits the ceiling on the passing team's side, continue play. If the passed ball crosses the net and hits the ceiling, it is a side out.

Rotation

- Every time your team wins the serve from the other team...all players rotate their position on the court...clockwise.
- If you lose the serve, your team doesn't rotate.
- If you keep the serve, your team doesn't rotate.
- Any player arriving after the game has started goes to the last service position (end of the line).

Court and Equipment

The height of the net is 7'0" for all Adult Groups.

The service line is:

- -Elementary – 10 feet from net
- -Jr High – 24 feet from net
- -High School – Base Line

The Game Ball is:

- -Elementary – Volley Lite
- -Jr High – Regulation Ball
- -High School – Regulation Ball

Definitions

Rally Scoring – Scoring method where points can be won by the serving or receiving team.

Side Out – Change of service when a serving team has failed to score a point.

Rotation – The clockwise movement of players around the court through the serving position following a side out.

Center Line – The boundary that runs under the net and divides the court into two equal parts.

Front Row – The 3 players who position is near the center line.

Back Row – The 3 players who position is near the baseline.

Bump Pass – the use of joined forearms to pass or set a ball in an underhand manner. Carry

– If the ball rests momentarily in the player's hand, it is an illegal hit.

Post Season

To ease the pressure of the regular season – we will use the regular season standings to seed the post season tournament. League Champions will only be crowned from the winner of the playoffs. Regular season championships will not be recognized or awarded.